

Clayton Elementary School Health Improvement Plan



Plan developed by: School Health Team

Date: November 2009

CSH component or SHI item that we are targeting: This may be as specific as a single question from the SHI, or as broad as a CSH component. 1-Health Education 2-School Employee Wellness		SMART Objective (desired change): Based on SHI item/module, describe targeted change. Increase Recognition Levels in Health Education and School Employee Wellness from working towards Bronze to Bronze by the end of May 2010 as measured by the Healthy Schools Builder Inventory.		
Measure of Accomplishment: What data will you collect that will indicate the objective has been achieved? Fitness grams, Staff pre/post assessments, 9News Health Fair, Testimonials from teachers and students				
School-level outcome we are targeting: Describe a desired outcome at the school, related to the objective. Clayton Tigers (students and staff) will understand how and why to live healthy lifestyles.				
Student-level outcomes (health status, behavior or academic achievement): Describe a desired behavioral, health, or academic outcome related to the achievement of the objective. Students will be more aware of healthy choices. They will understand how to improve their overall health. Students will understand the connection between healthy choices and their behavior and how this impacts their focus on schoolwork.				
Action Steps	Timeline (by when)	✓	Person(s) Responsible	Budget Needed
Formation of School Health Team	11/09	✓	Health Assistant, PE teacher, Counselor/Psychologist, Principal	
Fitness Grams completed with participation of students	3 times /yr		PE teacher, students	

Action Steps	Timeline (by when)	✓	Person(s) Responsible	Budget Needed
Staff Workouts and Wellness instruction	5/10		School Health Team	
Provide instruction to empower student leaders to run/teacher school about the 9News Health and Wellness Fair	4/10	✓	School Health Team	
Participation in 9News Health and Wellness Fair	4/10	✓	School Health Team	
Develop Awareness of Diabetes and participate in Diabetes Walk	11/09	✓	School Health Team	
Nutrition Education	5/10		School Health Team Kitchen Staff	
Participation in Cooperation games	5/10		School Health Team	
Create “Lap Walk” system for students during recess time	5/10		School Health Team	
Dental Health Program	2/10	✓	School Health Team	

Wheeled Safety	5/10	✓	School Health Team	
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